



Executive Summary of Joint Working Outputs
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| Project Title | Southampton Andrology Virtual Outreach Project |
| Duration | 24 months (September 2020 – September 2022) |
| Project Partners | University Hospital Southampton NHS Foundation Trust Bayer plc |
| What was the issue to be addressed? | The aim of the project was to expand the capacity of the andrology service at University Hospitals Southampton to provide increased support for patients and GP practices across a wide geographical footprint, including Hampshire, Isle of Wight, East Dorset and South Wiltshire. It would provide both face to face and telephone follow up for patients to enable optimal management. |
| What was the intervention? | <ul style="list-style-type: none"> • Increase the Trust’s and region’s capacity to manage hypogonadal patients • Provide a more streamlined specialty service; improving the experience for patients, referrers and consulting clinicians • Support and educate primary health care providers to more confidently manage patients on testosterone therapy within the community |
| What were the results? | <ul style="list-style-type: none"> • The weekly telephone TRT clinic increased clinic capacity by 25-50%: <ul style="list-style-type: none"> ○ Typically, a maximum of 8 face-to-face appointments are allocated to a clinic session ○ This increased initially to 10, and then eventually 12 telephone appointments due to the realisation of significant time saving from the rapid turnover between patients • 440 patients attended TRT clinic over the last 12 months • On average, a third of appointments were ‘new’ referrals, and two thirds were review appointments • There was a greater than 50% reduction of ‘did not attend’ (DNA) outcomes for appointments: <ul style="list-style-type: none"> ○ Face-to-face clinic on average have 1-2 DNA per session ○ The TRT phone clinic averaged 0-1 DNA per session • An audit of andrology patients was performed to assess the geographical spread of referrals: 98% of referrals came from three counties: Hampshire, Wiltshire, Dorset and the Isle of Wight |

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| | <ul style="list-style-type: none">• With the relaxation of COVID rules, 3 didactic educational sessions were performed over a 6-month period:<ul style="list-style-type: none">○ Content focussed on:<ul style="list-style-type: none">▪ Informing attendees about the newly established dedicated UHS TRT clinic▪ Updates on hypogonadism management and principles of TRT○ 50 professionals within the region attended these events, 80% were general practitioners. The remainder was a mix of clinical nurse consultants and urologists from adjacent Trusts |
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